

# Support Groups

## **Alzheimer's Support Group**

Bain Center

5470 Ruth Keeton Way Columbia 21044

2<sup>nd</sup> Thursday of every month

6:30pm- 8:00pm

**Contact Danilsa Marciniak @ 410-736-2217**

## **Early-Stage Group for Care Partners and people with Memory Loss**

Bain Center

5470 Ruth Keeton Way Columbia 21044

2<sup>nd</sup> Thursday of every month

**\*Pre-screening required**

**Call: 1-800-272-3900**

## **Caregiver Support Group**

East Columbia 50+ Center

6600 Cradlerock Way Columbia 21045

Every 3<sup>rd</sup> Monday of every month (except holidays)

7:00 pm- 8:30 pm

**Contact Karen Hull @ 410-313-7466 or email: [KHull@howardcountymd.gov](mailto:KHull@howardcountymd.gov)**

## **Korean Caregiver Support Group**

Bain Center (Community Room)

5470 Ruth Keeton Way Columbia 21044

2<sup>nd</sup> Tuesday of every month

10:30 am- 12:00 noon

**Call: MJ Engle @ 410-313-6538 or email: [MEngle@howardcountymd.gov](mailto:MEngle@howardcountymd.gov)**

## **Korean Caregiver Support Group**

East Columbia 50+ Center

6600 Cradlerock Way Columbia 21045

2<sup>nd</sup> Wednesday of every

6:30 pm- 8:00 pm

**Call: MJ Engle @ 410-313-6538 or email: [MEngle@howardcountymd.gov](mailto:MEngle@howardcountymd.gov)**

**NAMI Family Support Group**

Harmony Hall

6336 Cedar Lane Columbia 20144

2<sup>nd</sup> Tuesday of every month

***\*Registration required***

**Call: 410-772-9300**

**NAMI Family Support Group**

Celebration Church

6080 Foreland Garth Columbia 21045

3<sup>rd</sup> Friday of every month

***\*Registration required***

**Call: 410-772-9300**

**Caregiver Support Group/Chronic Conditions**

Howard County General Hospital/ Medical Pavilion Building

10710 Charter Drive Suite 100 Columbia 21044

3<sup>rd</sup> Tuesday of every month

3:30 pm

**Contact Dianne Tollick @ 410-740-5858**

**Parkinson's Disease Support Group for Caregivers and their Care Partners**

Vantage House Retirement Community

5400 Vantage House Road Columbia 21044

2<sup>n</sup> Tuesday of every month

**Contact: Lynada Johnson @ 410-992-1120**

**Community Support Group for Caregivers**

Somerford Place Alzheimer's and Dementia Assisted Living

8820 Snowden River Parkway Columbia 21045

1<sup>st</sup> Thursday of every month

11:00 am- 12:00 noon

**Contact Judy Beyer @ 410-313-9744**

## **InterGrace Copper Ridge Neurocognitive Education and Caregiver Support Groups:**

### **Early Dementia Education and Support Group (Sponsored by the Alzheimer's Association)**

The William and Ellen Proxmire Memory Clinic at Copper Ridge  
710 Obrecht Road  
Sykesville 21784  
4<sup>th</sup> Wednesday of every month  
4:00 PM

### **FTD (Frontotemporal Dementia) Education and Support Group**

The William and Ellen Proxmire Memory Clinic at Copper Ridge  
710 Obrecht Road  
Sykesville 21784  
3<sup>rd</sup> Wednesday of every month  
4:00 PM

**Contact the Memory Clinic @ 410-552-3211**

### **Memory Café Early-stage Social Engagement Program**

**Ellicott City 50+ Center Multipurpose Room**

**9401 Frederick Road Ellicott City, MD 21042**

Enhancing the lives of individuals living with memory loss and their care partners

The café is a safe and relaxed place where people with early-stage memory loss, their families/friends, and health professionals come together for a unique blend of education and social interaction. It is a forum where people can share experiences and socialize.

**1<sup>st</sup> Wednesday of every month**

**6:30 pm- 7:30 pm**

***\*RSVP required***

**Call Kathy Wehr at 410-313-5955 or email: [KWehr@howardcountymd.gov](mailto:KWehr@howardcountymd.gov)**

### **PPA Resource and Discussion Group**

**for those with Primary Progressive Aphasia and their Caregivers**

Sponsored by the Loyola Clinical Centers held at the Loyola Graduate Center,  
8890 McGaw Road Columbia 21045

4th Wednesday of the month except August, November, December

1:00 pm- 2:30 pm

***\*RSVP required***

**Call Cindy Nichols, SLP @ 410-617-7717 or email: [cdnichols@loyola.edu](mailto:cdnichols@loyola.edu)**